Name______________________________ Phone__________________

Years in Club Work _____ Years in Project _____ Age Div: BEG JR SR

Forms needed for Contest: Special Foods Menu Worksheet
Special Foods Recipe Worksheet
Special Foods Serving Size Worksheet
Customized MyPlate Daily Checklist printout
(www.choosemyplate.gov/MyPlate-daily-checklist)

Name of Special Foods Product

______________________________

Food Group: (circle one) Fruits Vegetables Grains Protein Dairy

If using protein (Circle):
Beef Fresh Pork Lamb Poultry Fish/Wild Game Egg Soy Rabbit Other

Place Setting Occasion (Circle): Family Guest Party Holiday Picnic Snack Other

Please check if you will be using any of these appliances

Oven_____ Oven temp._______ Time needed _________

Stove_____ # of Burners_______ Refrigerator__________

# of Outlets____ Microwave_______ Freezer__________

If you plan to participate in the State Fair Special Foods Contest, you will need to register by August 1. http://sd4hstatefair.fairentry.com
See the State Fair Book for more information or http://igrow.org/rh/south-dakota-rh/state-fair/ for the most recent Special Foods Handbook, Entry Forms and Score Sheets.